

ROMA

17-18 marzo 2026

NEUROYoung ^{5th edition}

next generation in neurologia



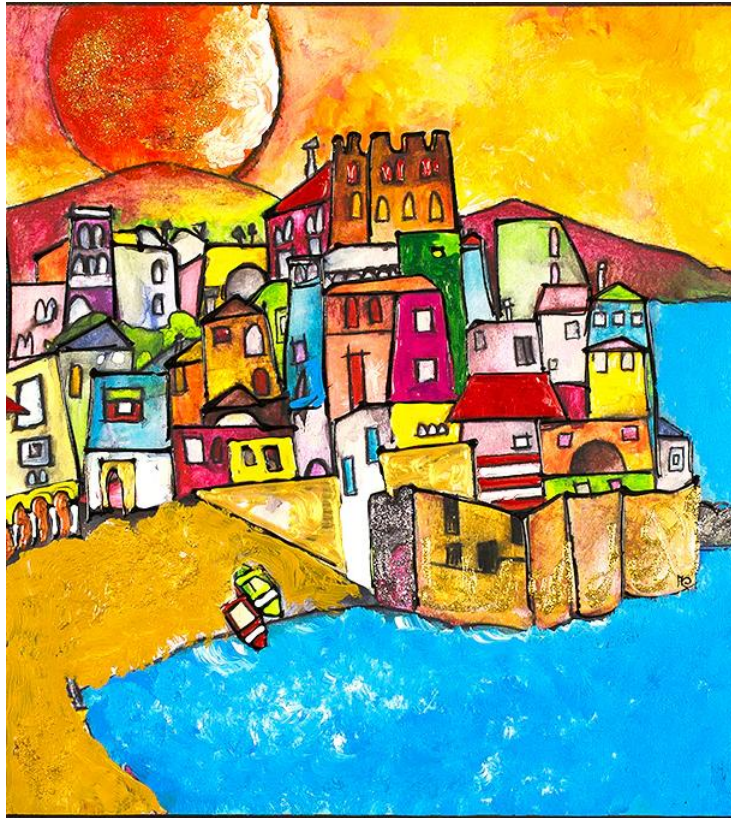
UNIVERSITÀ DEGLI STUDI
DI GENOVA



La rivoluzione genetica in epilessia

Antonella Riva, MD, PhD – Pasquale Striano, MD, PhD

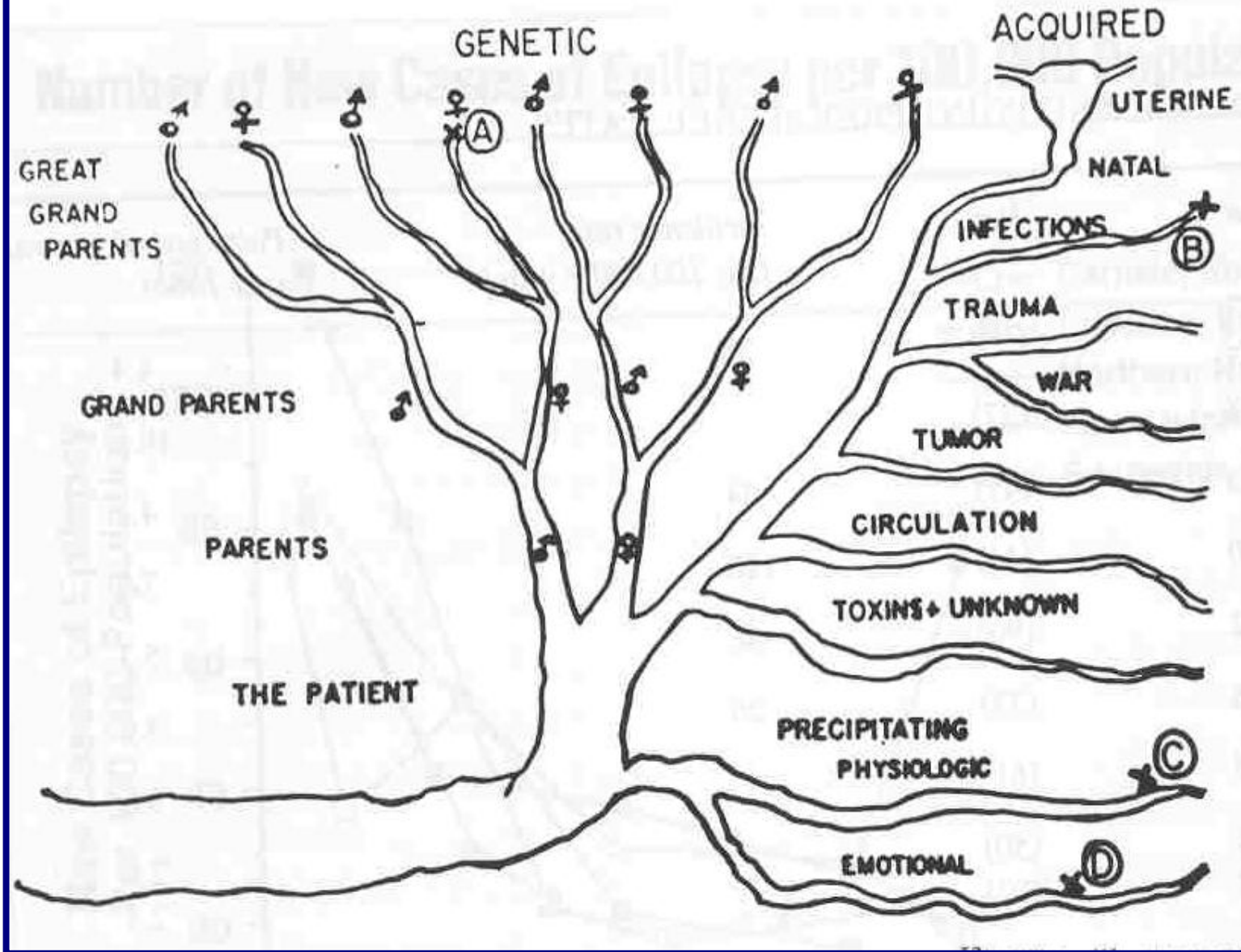
*Department of Neurosciences, Rehabilitation, Ophthalmology,
Genetics, Maternal and Child Health (DINOEMI), University of
Genova, Genova*



Disclosures

- Received honoraria from Jazz Pharmaceuticals, UCB Pharma, STOKÉ Therapeutics, BIOCODEX and Proveca Pharma Ltd
- The scientific contents reported are independent of commercial economic interests

Lennox's concept of etiology of epilepsy

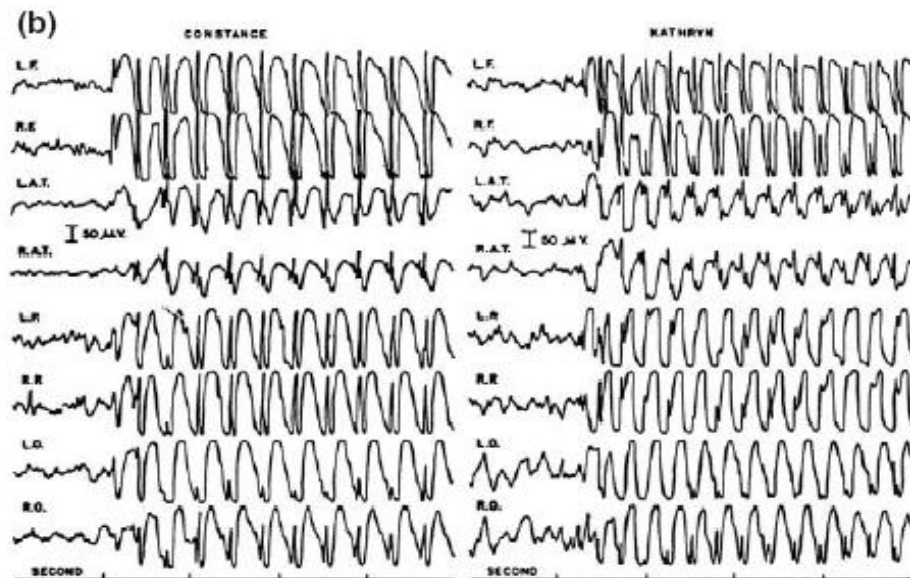


Lennox & Lennox,
Epilepsy and related
disorders, 1960 Little
Brown, Boston, vol I, p.
529

See also: Shorvon.
Causes of Epilepsy,
Cambridge University
Press, 2011

Epilepsy in twins

Lennox's series (1960)




(c)

	Casewise concordance	
	Monozygous twins	Dizygous twins
Generalized epilepsies	0.81	0.26
Focal epilepsies	0.36	0.05
Unclassified epilepsies	0.53	0.18
Febrile seizures	0.58	0.14



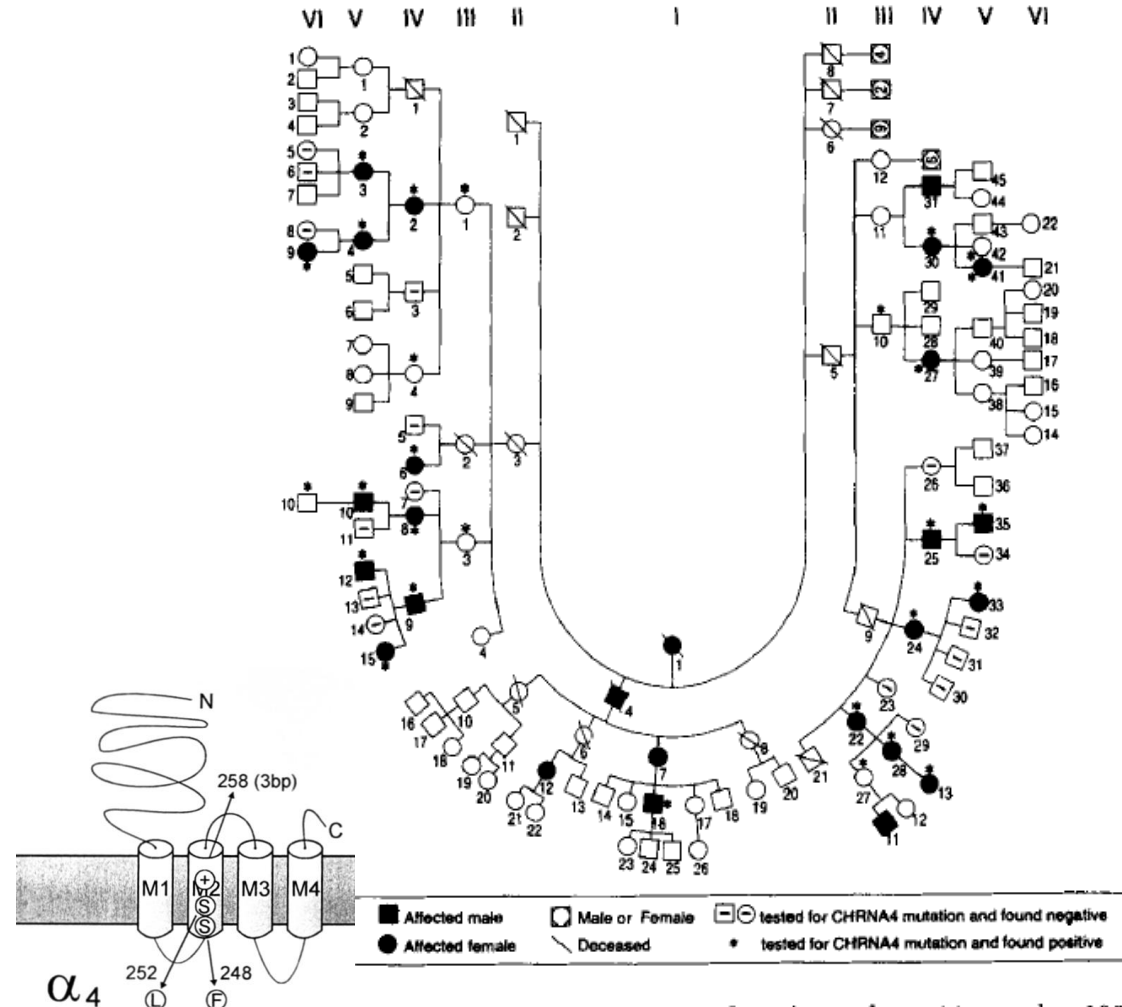
The 'Revolution': molecular genetics

CHRNA4: the first epilepsy gene (1995)

 © 1995 Nature Publishing Group <http://>

A missense mutation in the neuronal nicotinic acetylcholine receptor $\alpha 4$ subunit is associated with autosomal dominant nocturnal frontal lobe epilepsy

Ortrud K. Steinlein¹, John C. Mulley²,
Peter Propping¹, Robyn H. Wallace^{2,3},
Hilary A. Phillips², Grant R. Sutherland^{2,3},
Ingrid E. Scheffer⁴ & Samuel F. Berkovic⁴



The advent of NGS technology has led to an exponential increase in the discovery of novel genetic etiologies

Next-generation sequencing (NGS)

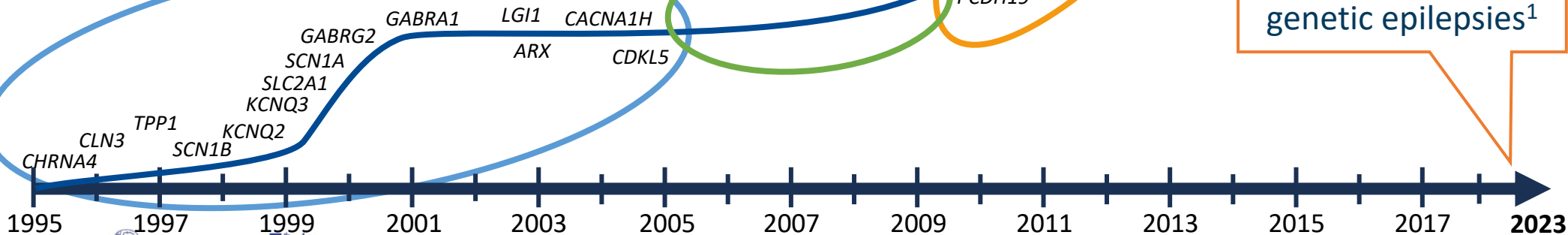
demonstrates the spectrum of phenotypes associated with genetic epilepsies

Adapted from: Helbig I and Tayoun AA. Mol Syndromol 2016;7:172-81; I. Macnee M et al. Eur J Paediatr Neurol 2023;42:82-87

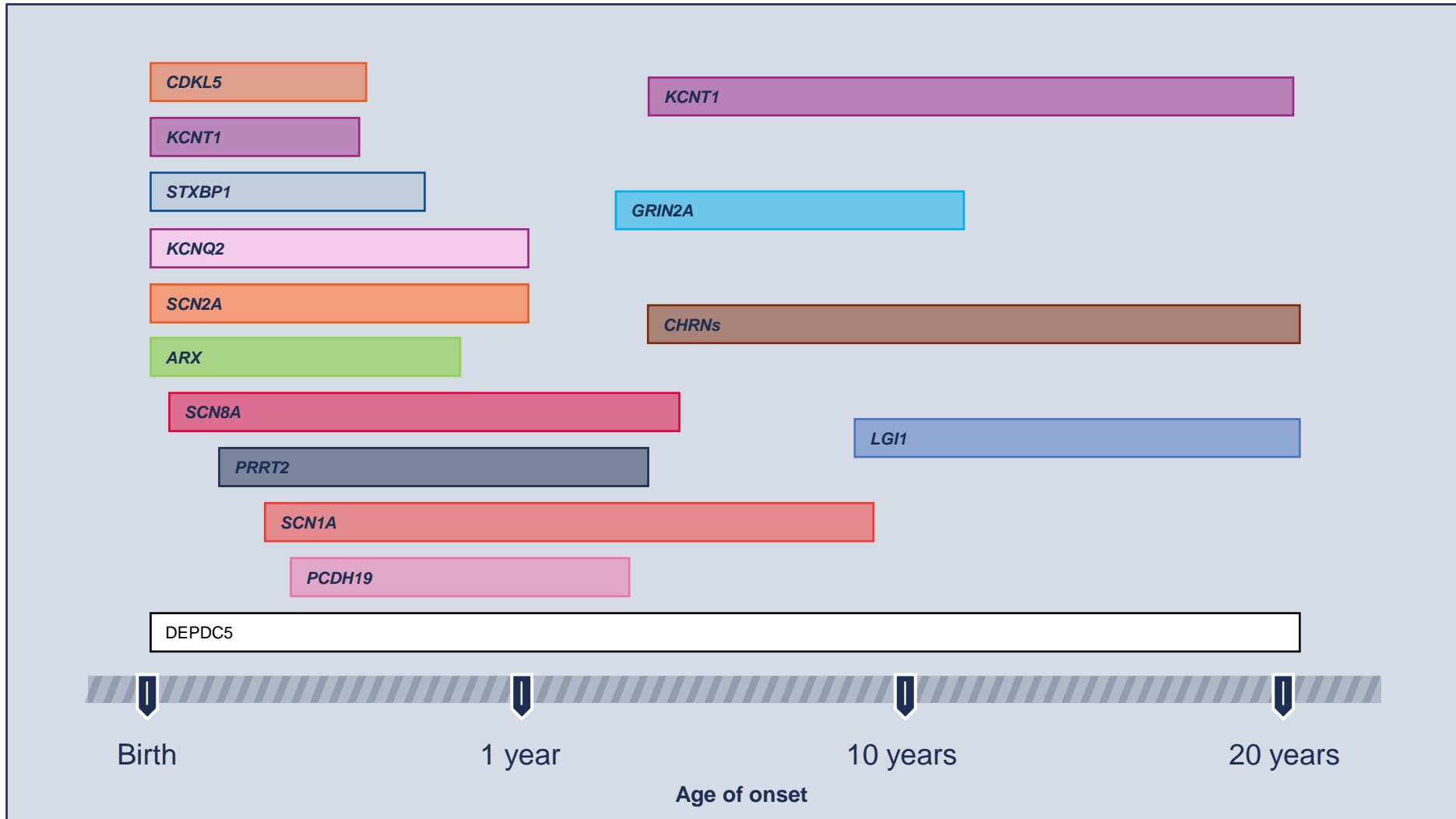
Channelopathy era

Transitional era

>700 genes are now associated with genetic epilepsies¹

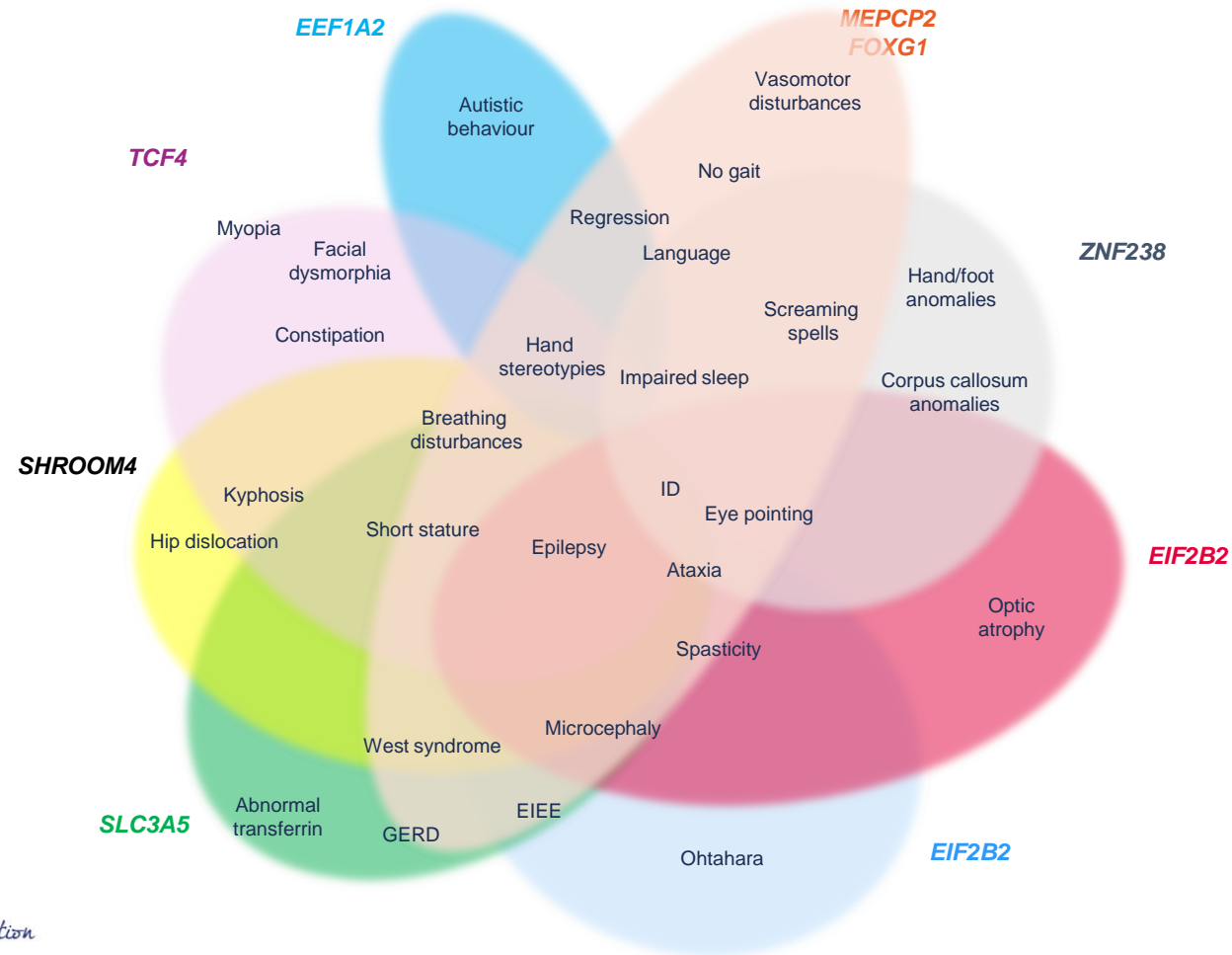


Epilepsy genes by age at presentation



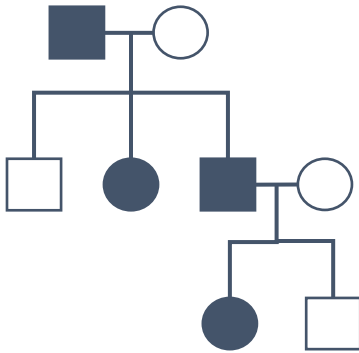
Genetic associations with presentation in DEEs

- DEEs have a spectrum of symptoms and severity, which can make them hard to recognise clinically



Clinical evaluation

Family history



3-generation pedigree

Clinical history



- Pregnancy and birth
- Development
- Features of epilepsy
- Comorbidities

Neurological examination



- Brain MRI
- Sleep video-EEG

Physical examination







- Movement disorders
- Dysmorphism
- Auxological parameters (CC, weight, length)
- Muscle biopsy
- Fundus oculi
- SSEP

Epilepsies most suitable for genetic testing



- Developmental and/or epileptic encephalopathies
- Neurodevelopmental disability with epilepsy
- Multi-system disorders including epilepsy
- Progressive myoclonic epilepsies
- Malformations of cortical development and epilepsy

Which test is appropriate for a patient with suspected genetic epilepsy?

Method	Line and yield	First-line test if...
Single gene sequencing/MLPA 		Dravet syndrome
NGS multigene panel sequencing 	First line (yield 10–40%)	Most DEEs
WES (exons only) 	First line (yield 25–50%)	
WGS (whole genome) 	First line (yield 30–60%)	

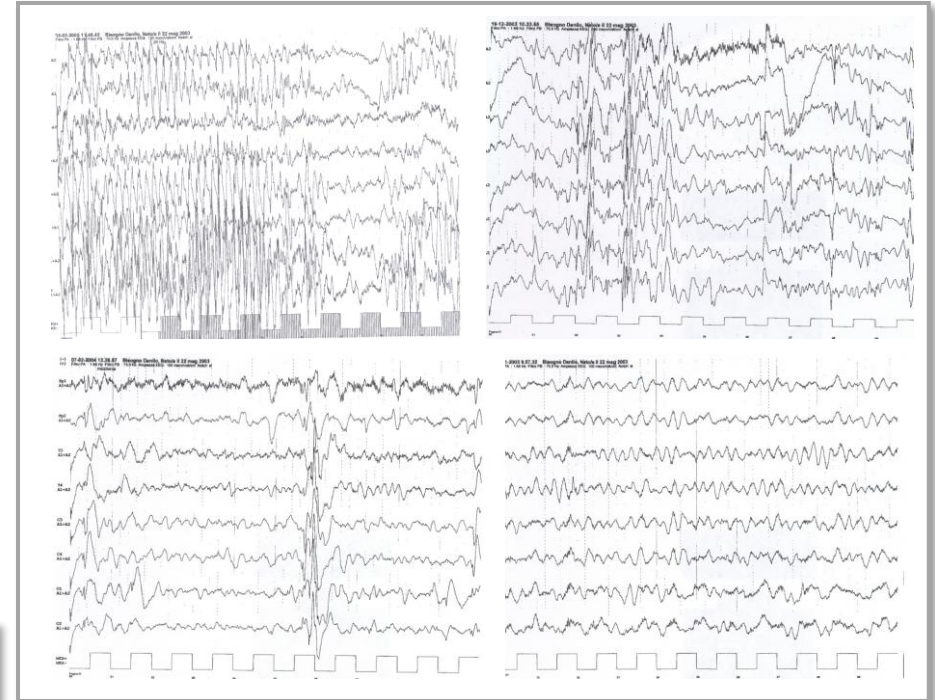
NGS, next-generation sequencing; WES, whole exome sequencing; WGS, whole genome sequencing.

Symonds J, McTague A. *Eur J Paediatr Neurol.* 2020;24:15–23 and Presenter's own clinical experience.

Dravet syndrome

MAKE THE
DIFFERENCE
Together

- Febrile and afebrile, focal clonic (hemiclonic), generalised clonic or tonic-clonic seizures that occur in the first year of life, later associated with myoclonus, atypical absences, and focal seizures^{1,2}
- **Seizures are resistant to most antiseizure medications¹**
- Developmental delay becomes evident within 12–60 months followed by cognitive impairment and behavioural disorders¹
- **Prevalence: 1:15,700–40,000 live births²**



De Novo Mutations in the Sodium-Channel Gene *SCN1A* Cause Severe Myoclonic Epilepsy of Infancy³

Lieve Claes,¹ Jurgen Del-Favero,¹ Bertien Ceulemans,^{2,3} Lieven Lagae,^{3,4} Christine Van Broeckhoven,¹ and Peter De Jonghe^{1,2}

¹Department of Molecular Genetics, Flanders Interuniversity Institute for Biotechnology (VIB), University of Antwerp, and ²Department of Neurology, University Hospital Antwerp, Antwerp; ³Epilepsy Center for Children and Youth, Pulderbos, Belgium; and ⁴Department of Child Neurology, University Hospital Gasthuisberg, Leuven, Belgium



SCN1A, sodium voltage-gated channel alpha subunit 1.

1. Zuberi SM, et al. *Epilepsia*. 2022;63(6):1349–97; 2. Cleveland Clinic. Dravet Syndrome. Available at <https://my.clevelandclinic.org/health/diseases/22517-dravet-syndrome>.

Accessed June 2024; 3. Claes L, et al. *Am J Hum Genet*. 2001;68(6):1327–32.





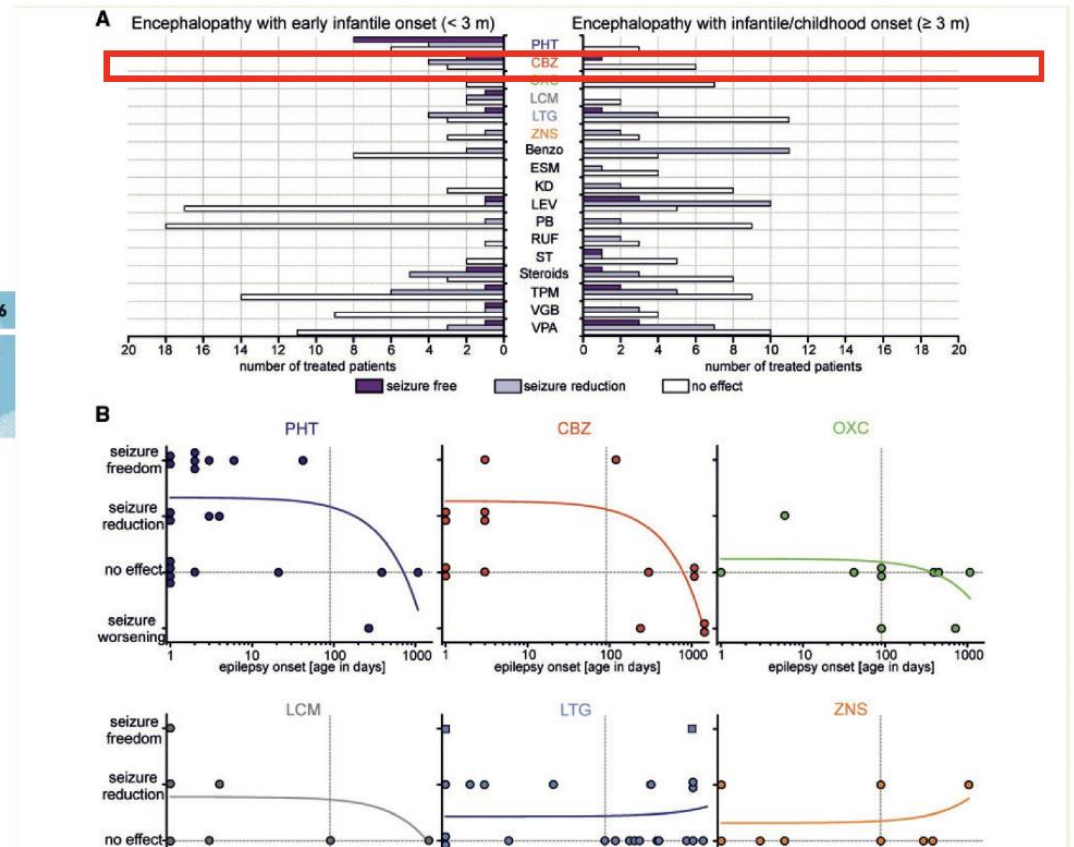
SCN2A-related disorders: a spectrum of neurodevelopmental disorders encompassing developmental and epileptic encephalopathy (DEE) and intellectual disability (ID) or autism spectrum disorder (ASD) without epilepsy

doi:10.1093/brain/awx054

BRAIN 2017; 140; 1316–1336 | 1316

BRAIN
A JOURNAL OF NEUROLOGY

Genetic and phenotypic heterogeneity suggest therapeutic implications in *SCN2A*-related disorders





"I NOSTRI BAMBINI CON LE GAMBE INCROCIATE"

Figure 2 Neurodevelopmental Features in Individuals With STXBP1-DEE Stratified per Age Range at Seizure Onset

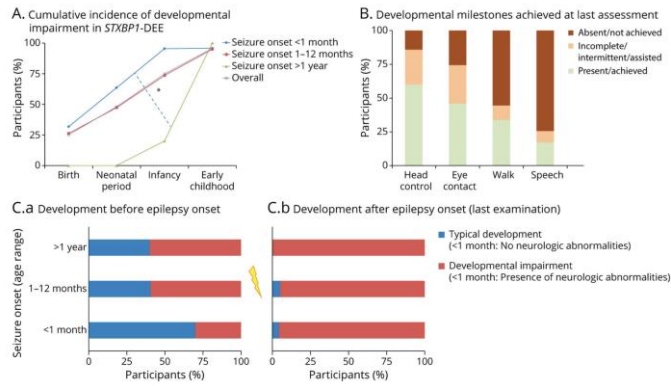
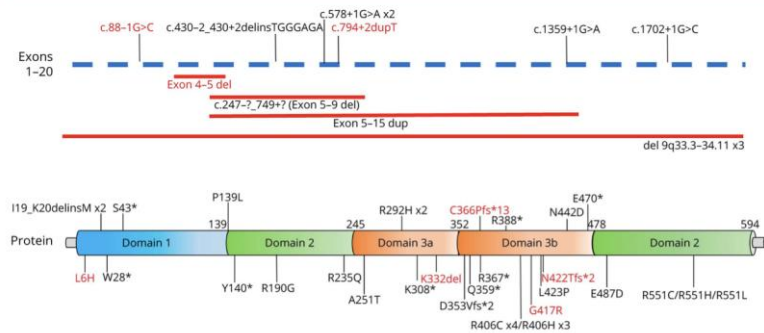


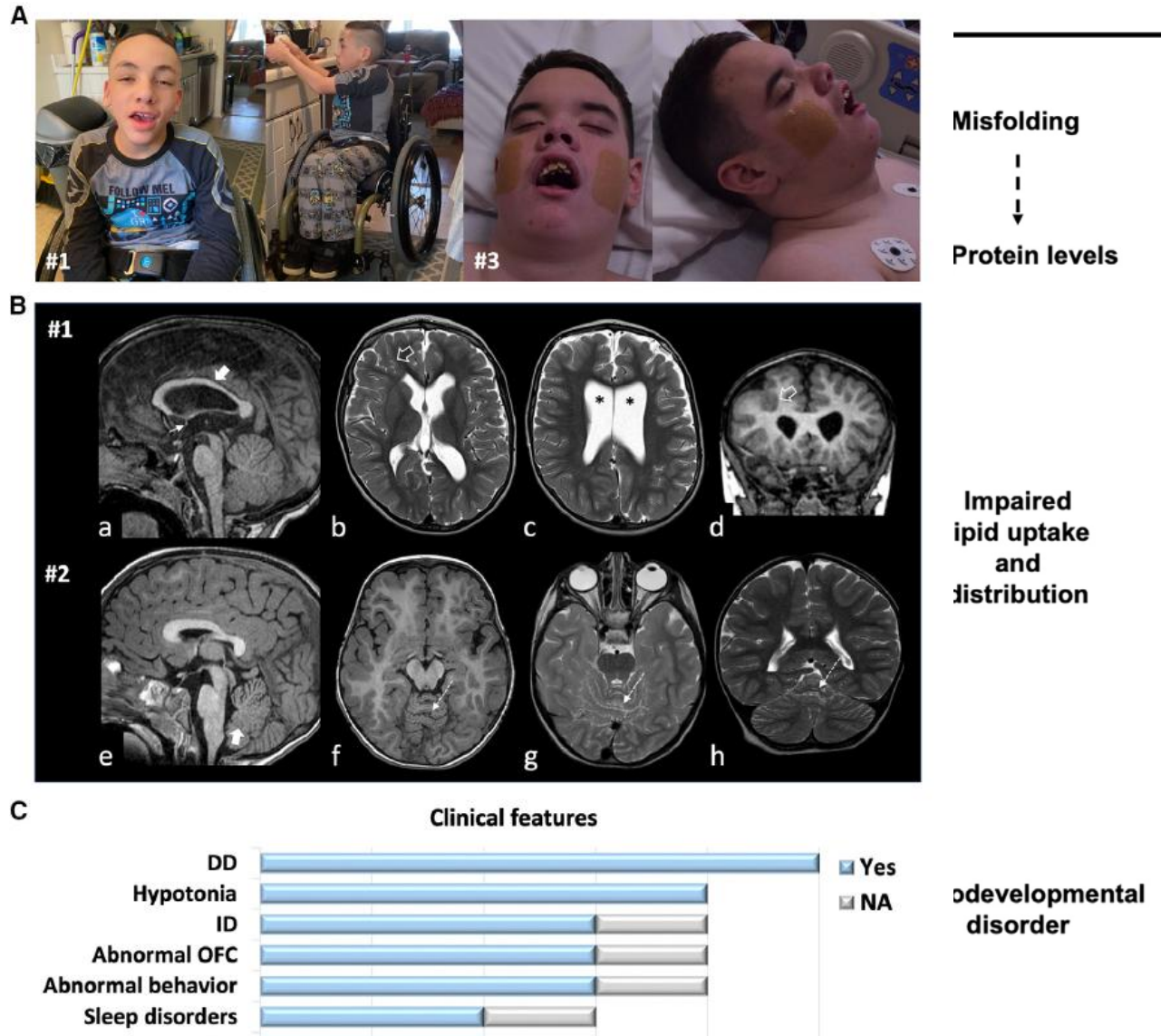
Figure 1 STXBP1 Variants Over Exons and Linear Protein Structure



Novel variants are highlighted in red.



New Genes?



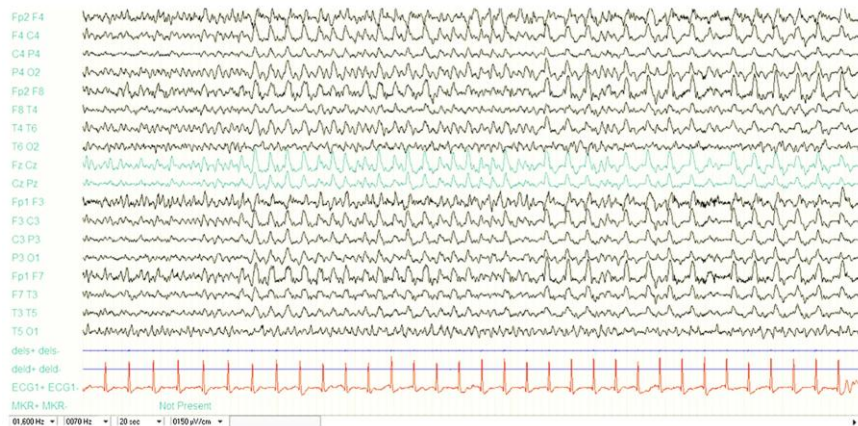
Marcello Scala, Valeria Tomati,
Matteo Ferla, ..., Vincenzo Salpietro,
Nicoletta Pedemonte, Federico Zara

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nicolettapedemonte@gaslino.org (N.P.)


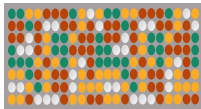




In this study, we identify *de novo* missense variants in *DENND5B* as the cause of a neurodevelopmental disorder with dysmorphism and epilepsy. We show that these variants impair intracellular vesicle trafficking, lipid uptake and intracellular distribution, and protein folding, leading to complex neurological manifestations.

Marcello
Scala,
MD, PhD

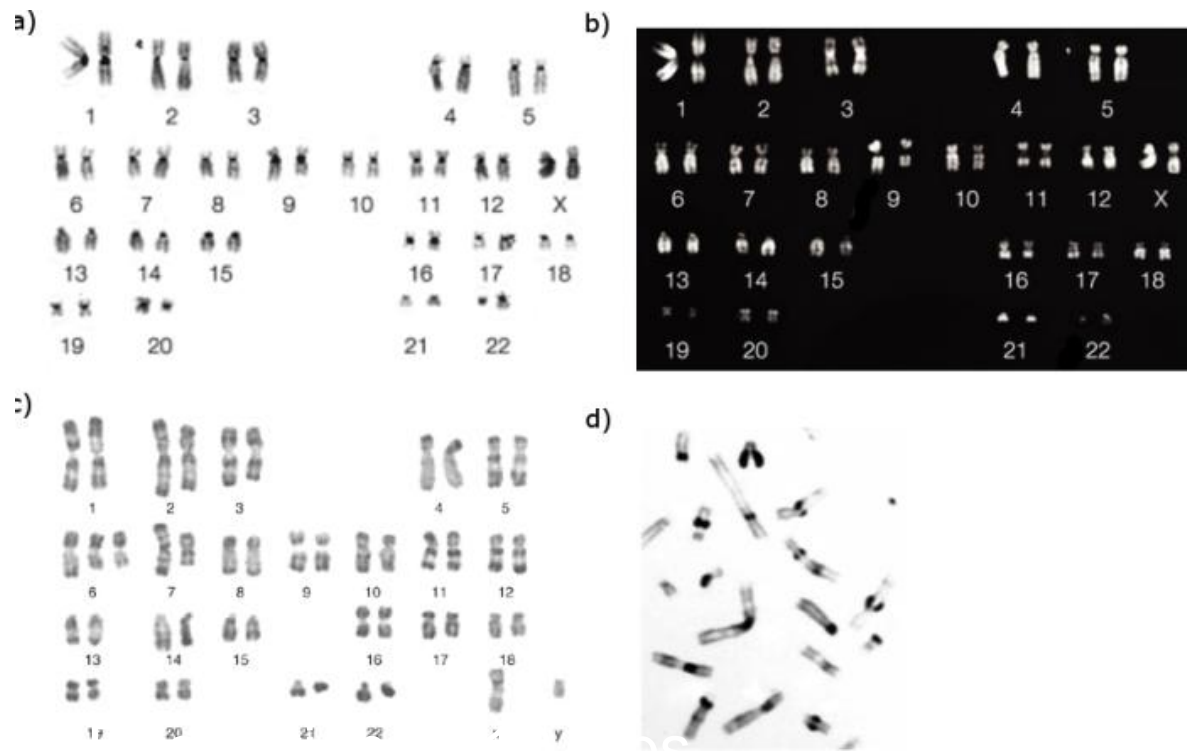


- Dysmorphic features may be mild
- The degree of ID from mild to severe
- Invariably, seizures occur in infancy and are intractable. A variety of types has been described
- Brain atrophy with ventricle dilatation.
- In most individuals the breakpoints in 14q were detected in the terminal band 14q32.

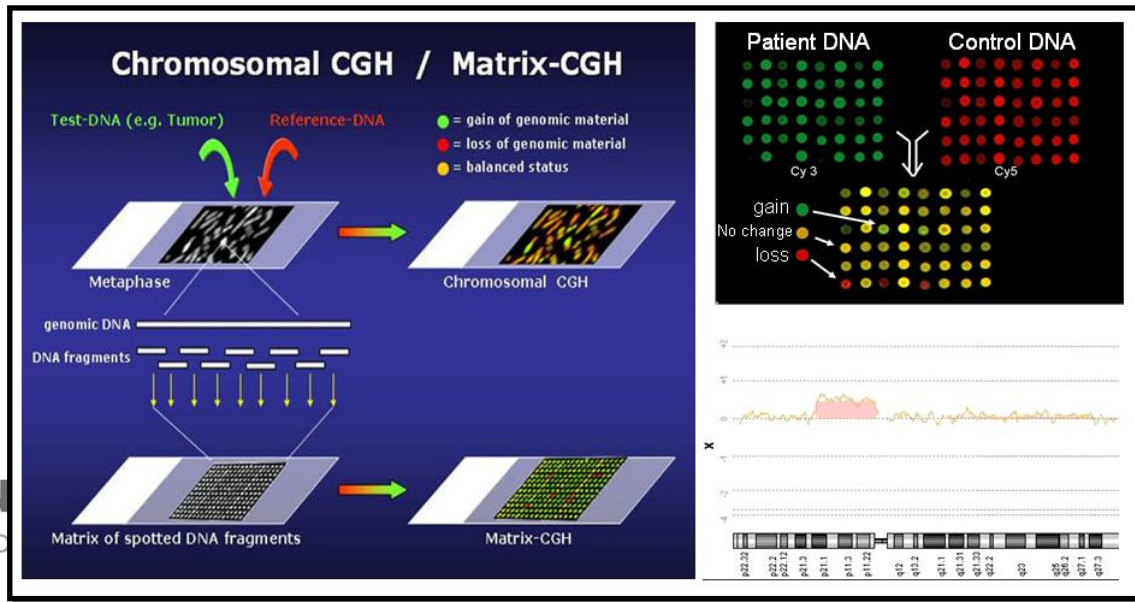
Which test is appropriate for a patient with suspected genetic epilepsy?

Method	Line and yield	First-line test if...
Karyotyping 		Specific syndrome suspected: Ring chr. 20 (trisomy)
Chromosomal microarray 	Second line (yield ~10%)	Multi-gene system pathology indicating multi-gene involvement
Single gene sequencing/MLPA 		Dravet syndrome
NGS multigene panel sequencing 	First line (yield 10–40%)	Most DEEs
WES (exons only) 	First line (yield 25–50%)	
WGS (whole genome) 	First line (yield 30–60%)	

NGS, next-generation sequencing; WES, whole exome sequencing; WGS, whole genome sequencing. Symonds J, McTague A. *Eur J Paediatr Neurol.* 2020;24:15–23 and Presenter's own clinical experience.



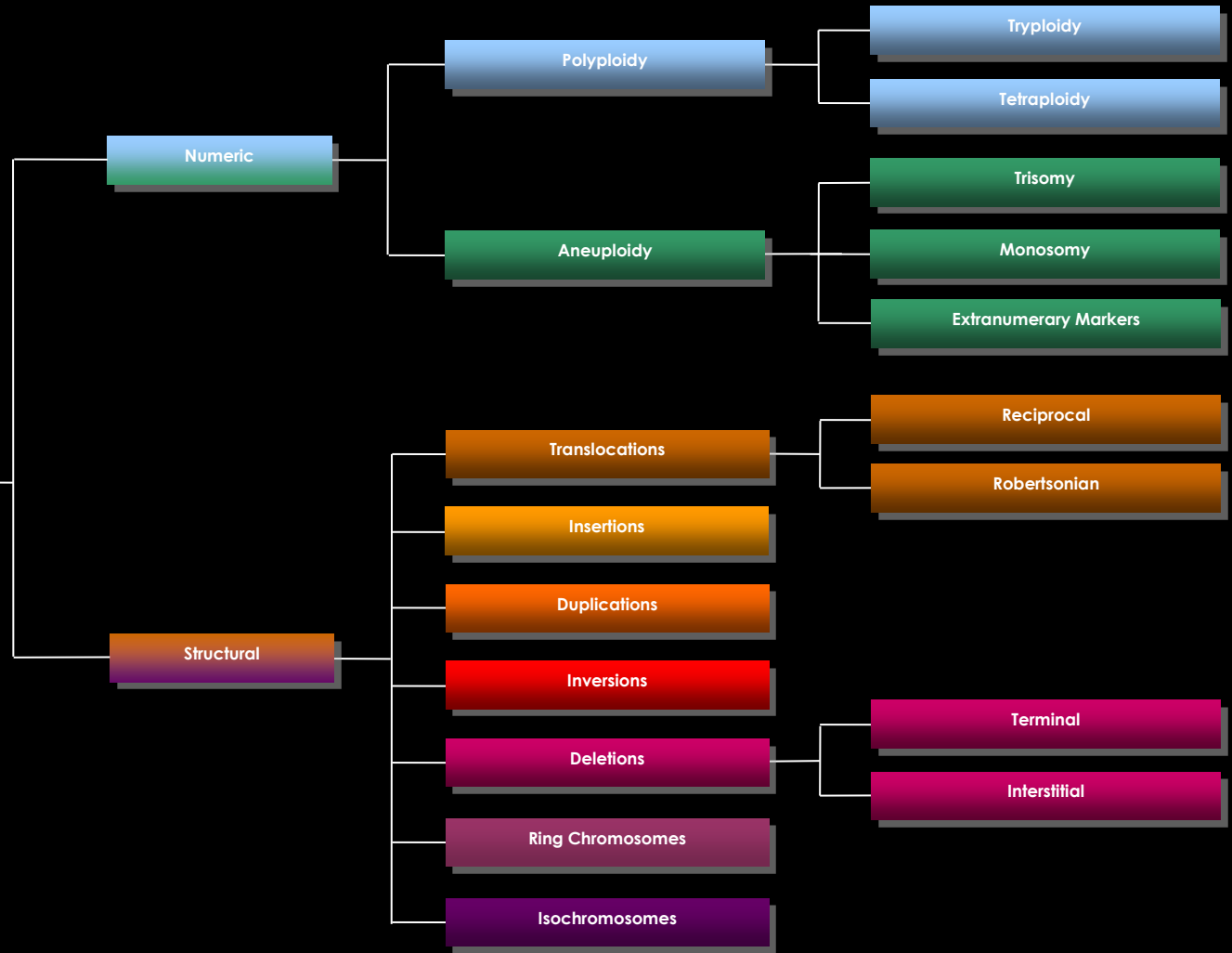
Large aberrations
(10 Mb)
Balanced
translocations
Ring
chromosomes



Chromosomal
del/dup
Unbalanced
translocations



Chromosomal Abnormalities

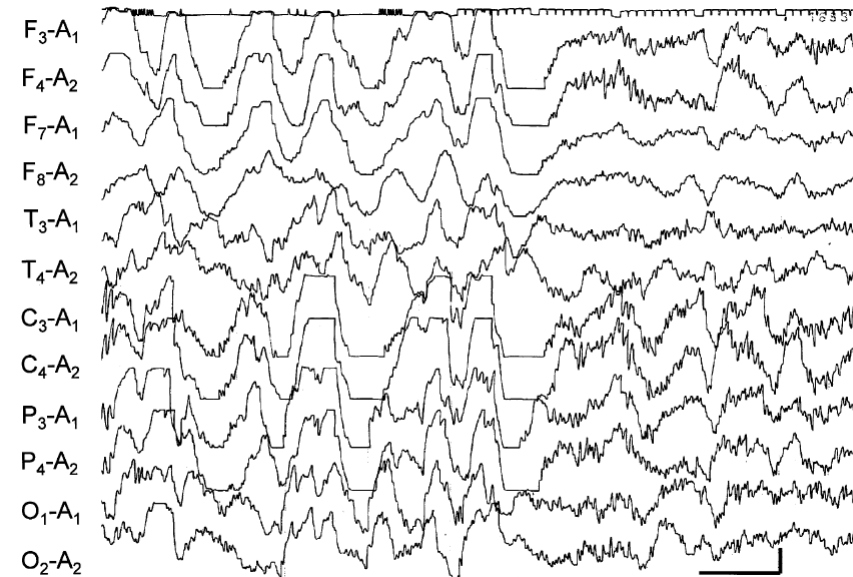


Original article

An analysis of epilepsy with chromosomal abnormalities[☆]Hideo Yamanouchi^{a,*}, George Imataka^a, Eiji Nakagawa^a, Akihisa Nitta^a, Naomitsu Suzuki^a, Jun-ichi Hirano^a, Hiroshi Suzumura^a, Hiroshi Watanabe^b, Osamu Arisaka^a, Mitsuoki Eguchi^a

Patients with chromosomal abnormality found in NICU

Chromosomal abnormality	Number of patients	Number of patients with epilepsy
Trisomy 21	71	5
Trisomy 18	29	1
Trisomy 13	8	1
Trisomy 22	1	0
Trisomy 10, mosaic	1	0
Trisomy 8, mosaic	1	0
del(22)(q11.2)	3	0
del(4)(p16.3)	2	na
del(13)(q21.2q31.2)	1	1
t(2;4)(q24.2;p14)		
del(9)(q22.3q32)	1	0
del(8)(q13.1q21.2)	1	0
21q-	1	1
r(12)(p13;q24)	1	0
46, XY, -6, +der(6)t(6;11)(q25.1;q23.3)	1	1
46, XY/46, XY, t(2;13)(q31;q21.2)	1	0
ins(14;16)(p12;p13.3)	1	0
47 XX, +der 15 t(3;15)(q23;q11.2)	2	0
mat		
Add(7)(p22)	1	0
Add(6)(q25.3)	1	0
Total	128	10





?

La **Sindrome di Angelman** è causata dall'assenza di una porzione del cromosoma 15 (porzione contrassegnata come 15q11-q13). La malattia si osserva solo nelle persone in cui la mancanza riguarda il cromosoma 15 di origine materna.

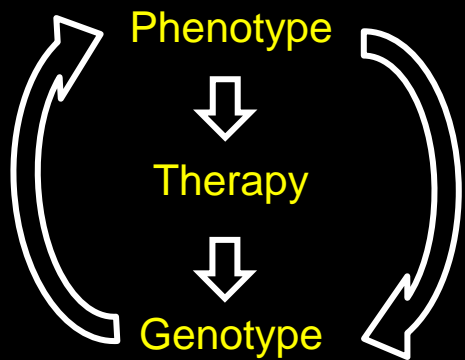
I pazienti con Sindrome di Angelman possono essere suddivisi in 5 specifiche classi eziologiche:

- 1) delezione della regione SA/SPW sulla copia del cromosoma 15 (regione 15q11-q13) ereditato dalla madre;
- 2) disomia uniparentale paterna;
- 3) difetto del centro dell'imprinting (IC);
- 4) mutazione del gene UBE3A;
- 5) meccanismi genetici non ancora identificati.

INTERNATIONAL
ANGELMAN
DAY FEB 15

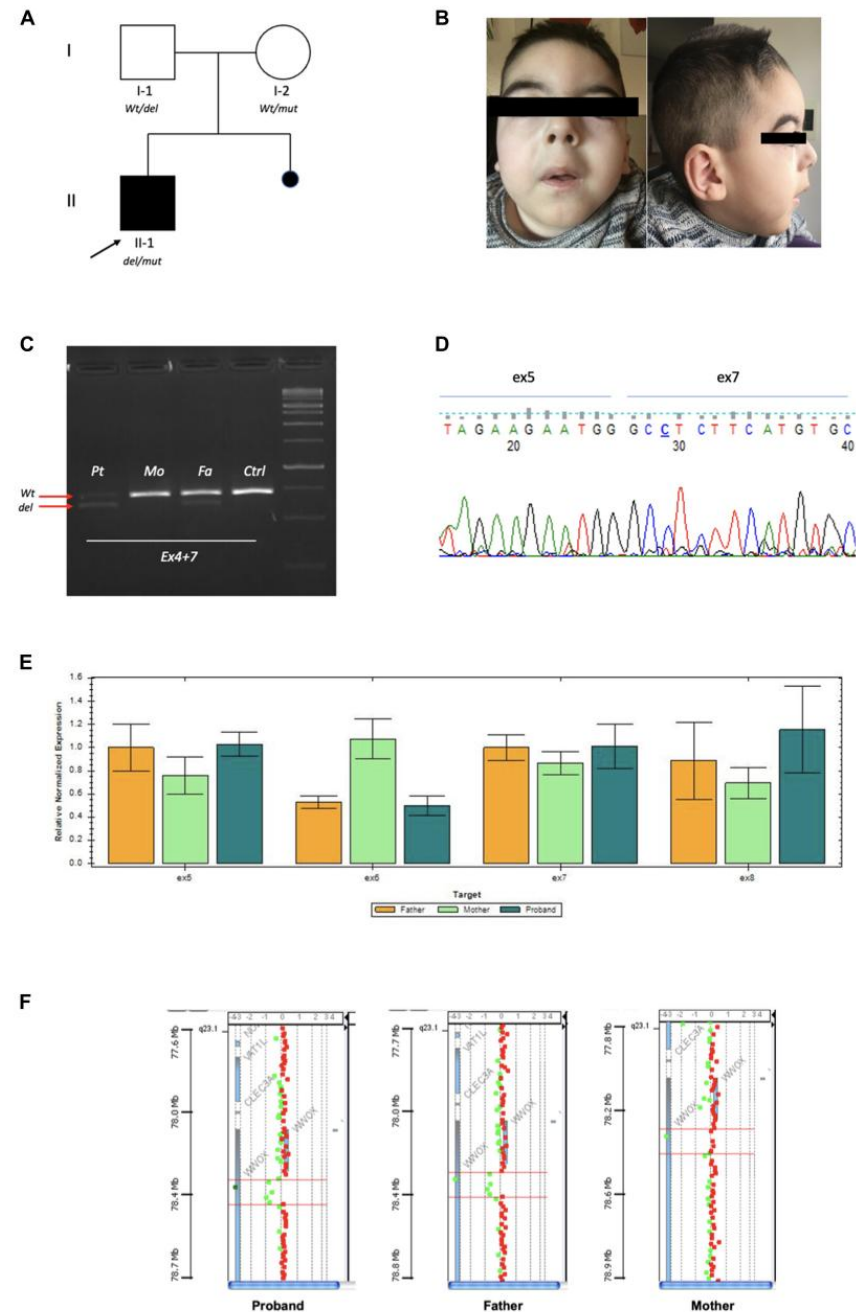


Gli individui con delezioni del cromosoma 15q11-q13 hanno un quadro clinico più severo e sono più inclini a sviluppare una grave epilessia.



A Phenotypic-Driven Approach for the Diagnosis of WOREE Syndrome

Antonella Riva^{1,2†}, Giulia Nobile^{2†}, Thea Giacomini^{2,3}, Marzia Ognibene¹,
 Marcello Scala^{2,4}, Ganna Balagura⁵, Francesca Madia¹, Andrea Accogli^{6,7},
 Ferruccio Romano², Domenico Tortora⁸, Mariasavina Severino⁸, Paolo Scudieri^{1,2},
 Simona Baldassari¹, Ilaria Musante¹, Paolo Uva⁹, Vincenzo Salpietro^{2,4},
 Annalaura Torella^{10,11}, Vincenzo Nigro^{10,11}, Valeria Capra¹, Lino Nobili^{2,3},
 Pasquale Striano^{2,4}, Maria Margherita Mancardi^{2,3}, Federico Zara^{1,2*‡} and
 Michele Iacomino^{1,9‡}



Genetic testing tools

*only WGS, ** Turnaround times vary by lab; times stated taken from a survey of labs obtained from concertgenetics.com; ASD: autism spectrum disorder; DD: developmental delay; ID: intellectual disability; VUS: variant of uncertain significance
Taylor A et al. Genes (Basel) 2021;12:818; 1. Sheidley BR et al. Epilepsia 2022;63:375–87; 2. Mei D et al. Mol Diagn Ther 2017;21:357–73

	Chromosomal microarray	Single gene sequencing	Targeted gene panels	Whole exome/genome sequencing (WES/WGS)
Variants identified	<ul style="list-style-type: none"> Large chromosomal deletions/ duplications High resolution (up to 25 kb) 	Sequence variants, small deletions (<50 bp), or insertions	<ul style="list-style-type: none"> Sequence variants, small deletions, or insertions Copy number variations (CNVs) 	<ul style="list-style-type: none"> Sequence variants, small deletions, or insertions CNVs Structural rearrangements*
When to use	Multiple congenital anomalies, ID or DD, and ASD	For segregation analysis and family testing	<ul style="list-style-type: none"> Clearly defined phenotype Short differential diagnosis list 	<ul style="list-style-type: none"> Unclear/large differential diagnosis Non-specific clinical findings Specific test unavailable
Limitations	<ul style="list-style-type: none"> Cannot identify balanced rearrangements Cannot identify sequence variants or small copy number variants $\leq 1-10$ kb 	Very few conditions are monogenic	<ul style="list-style-type: none"> Not suitable if no primary phenotype Not suitable if differential diagnosis is long 	<ul style="list-style-type: none"> Very expensive Long turnaround time High chance of VUS Secondary findings Incidental findings Limited understanding of non-coding variants*
Diagnostic yield	9% ¹	Very low ¹	Variable between condition/ phenotype (up to ~50% ²)	8-86%
Turnaround time**	2–6 weeks+	1–4 weeks+	2–6 weeks+	4–16 weeks+

DS
67 articles



Incidence and prevalence

Estimated affected individuals per 100 000 people



- Wide range in estimates for LGS may reflect heterogeneity in diagnosis

LGS
17 articles



Genotype

SCN1A

- SCN1A screening included in all genetic studies
- SCN1A variant reported in ≥70% of people with DS

- Paucity of data on LGS genotyping



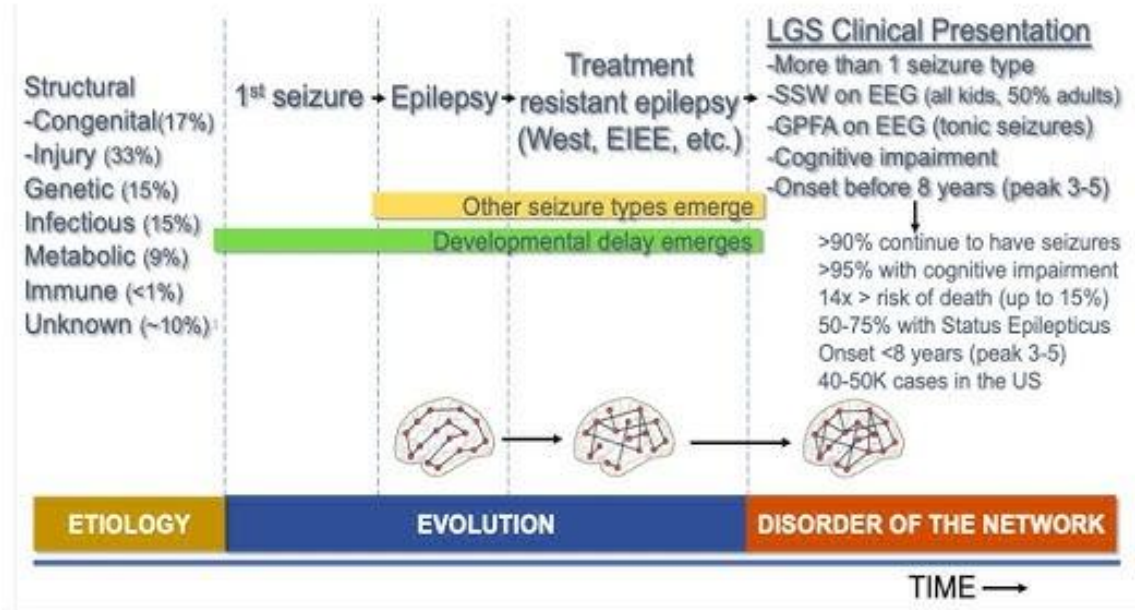
DS and LGS
7 articles



Diagnosis

- Age at diagnosis
 - DS: 1.6–9.2 years
 - LGS: 2–15 years
- Diagnostic delay and misdiagnosis were reported for both conditions, but especially for LGS

Evolution of LGS Over Time

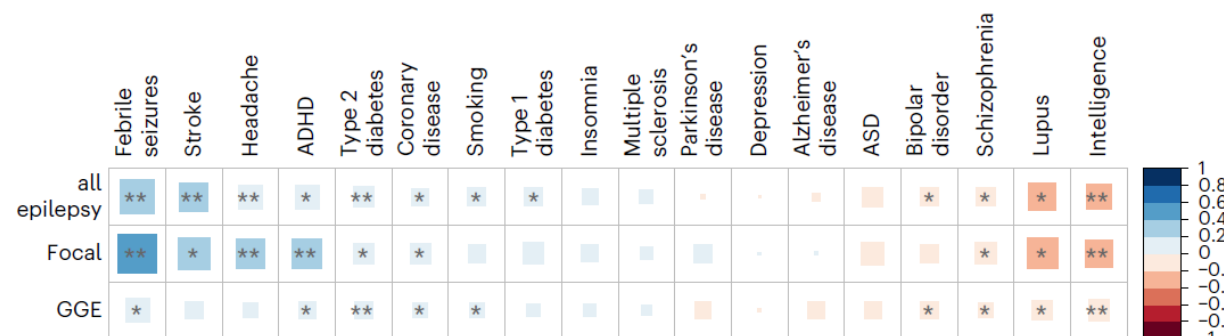




GWAS meta-analysis of over 29,000 people with epilepsy identifies 26 risk loci and subtype-specific genetic architecture

Received: 7 June 2022

International League Against Epilepsy Consortium on Complex Epilepsies*

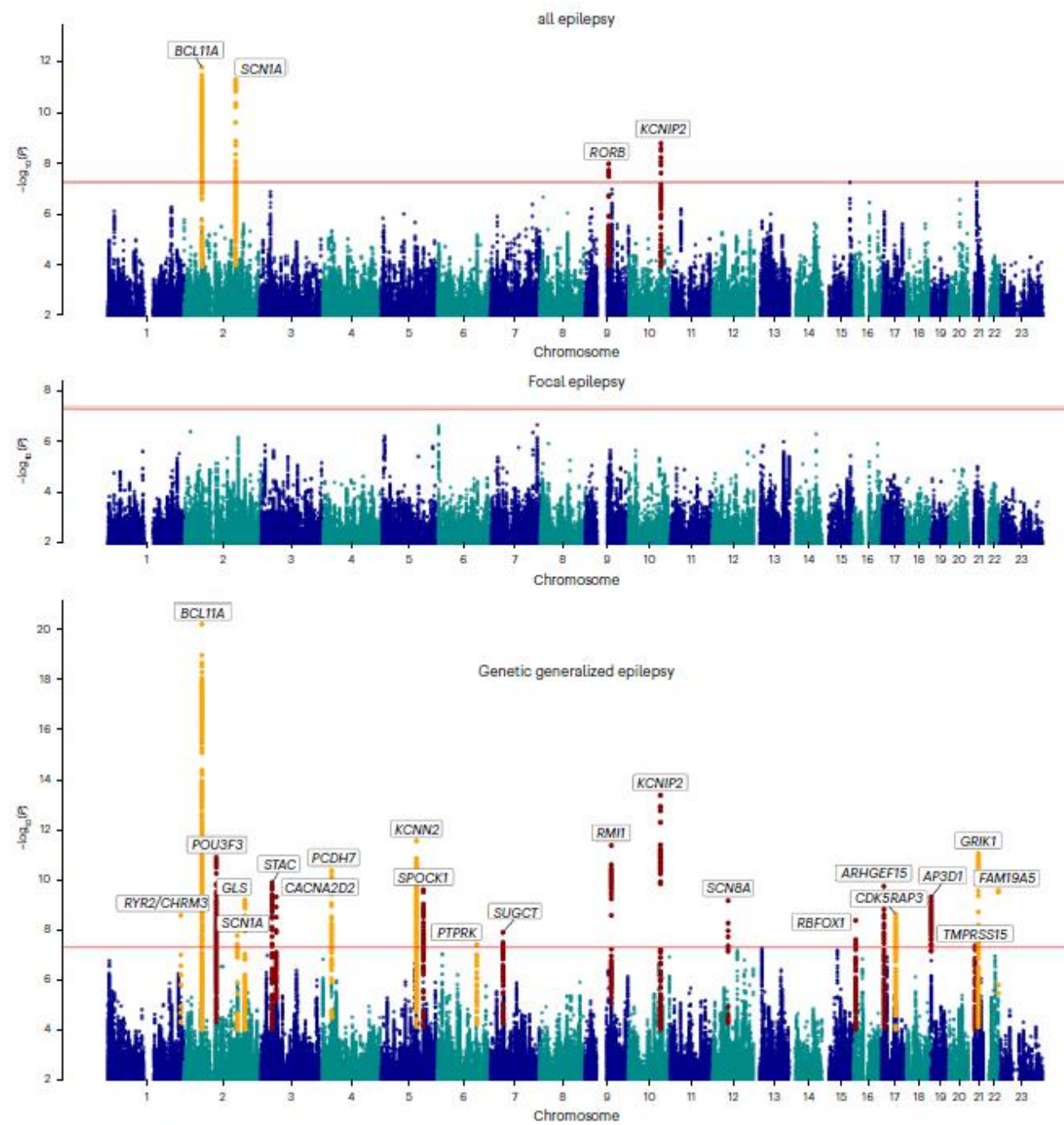


Genetic correlations of epilepsy with other phenotypes denoted by color scale

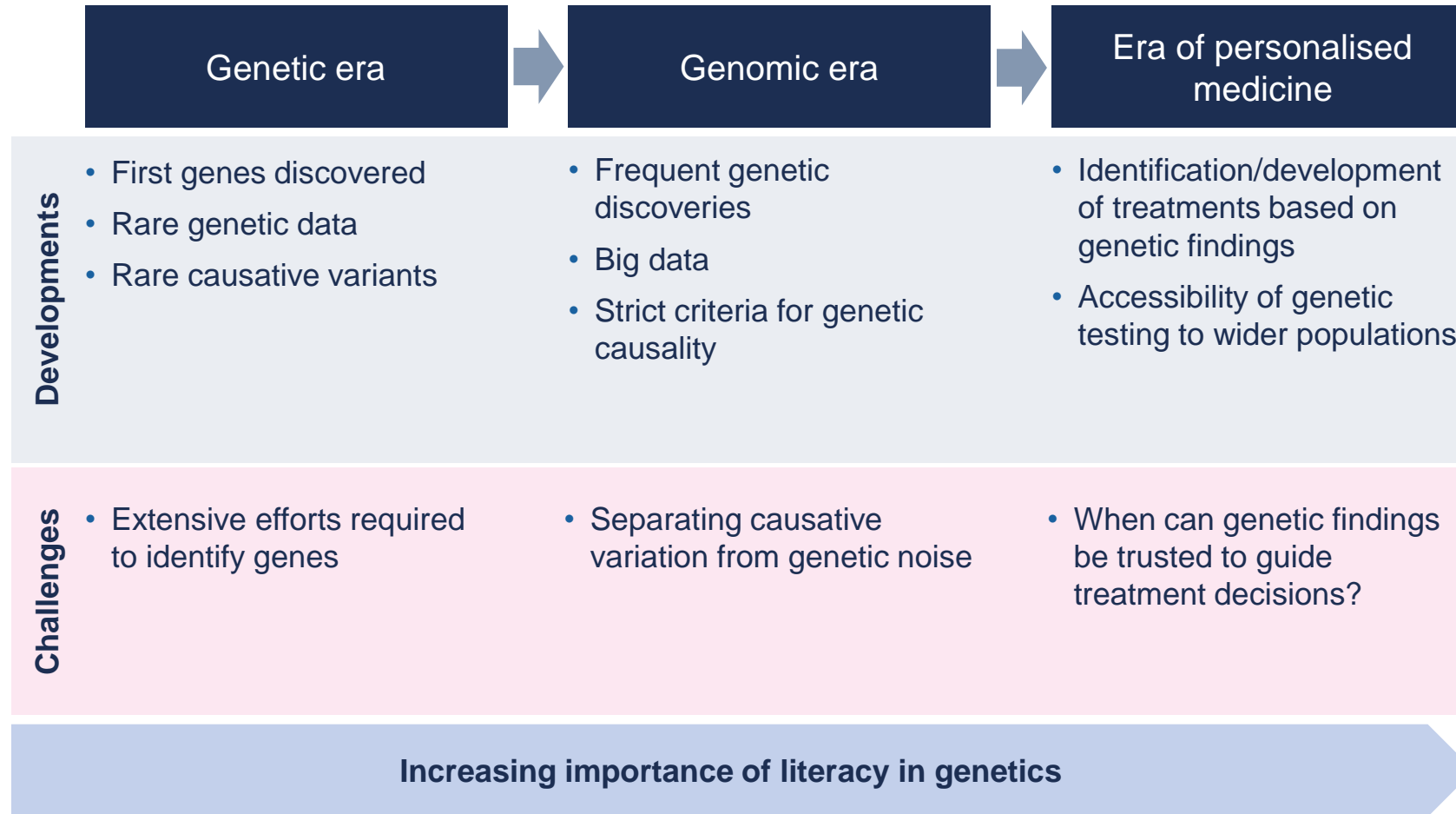
from -1 (red; negatively (anti-)correlated) to +1 (blue; positively correlated).



Significant correlations ($P < 0.05/54 = 0.0009$) were found with febrile seizures, stroke, head



The three stages of epilepsy genetics



Examples of potential therapeutic approaches

GABA: gamma-aminobutyric acid; GoF: gain of function; LoF: loss of function;
 mTOR: mammalian target of rapamycin
 1. Bayat A et al. Neurotherapeutics 2022;19:1353-67; 2. Keam SJ. Drugs 2023;83:819-24; 3. Schulz A et al. N Engl J Med 2018;378:1898-907



<i>DEPDC5</i>	Everolimus and other mTOR inhibitors
<i>GABRB3</i>	LoF: GABAergic enhancers, e.g., phenobarbital, vigabatrin (GoF: avoid GABAergic enhancers)
<i>KCNQ2</i>	Sodium channel blockers (LoF)
<i>MECP2</i>	Trofinetide ²
<i>SCN1A</i>	LoF: Stiripentol (+ valproate + clobazam), fenfluramine, cannabidiol; Avoid sodium channel blockers
<i>SCN2A</i>	GoF: Sodium channel blockers (LoF: avoid sodium channel blockers)
<i>SLC1A2</i>	Ketogenic diet
<i>SLC6A1</i>	Avoid GABA-potentiating drugs
<i>TPP1 (CLN2)</i>	Enzyme replacement therapy (ERT) ³
<i>TSC1 / TSC2</i>	Everolimus and other mTOR inhibitors

Drug Metabolizing Enzymes

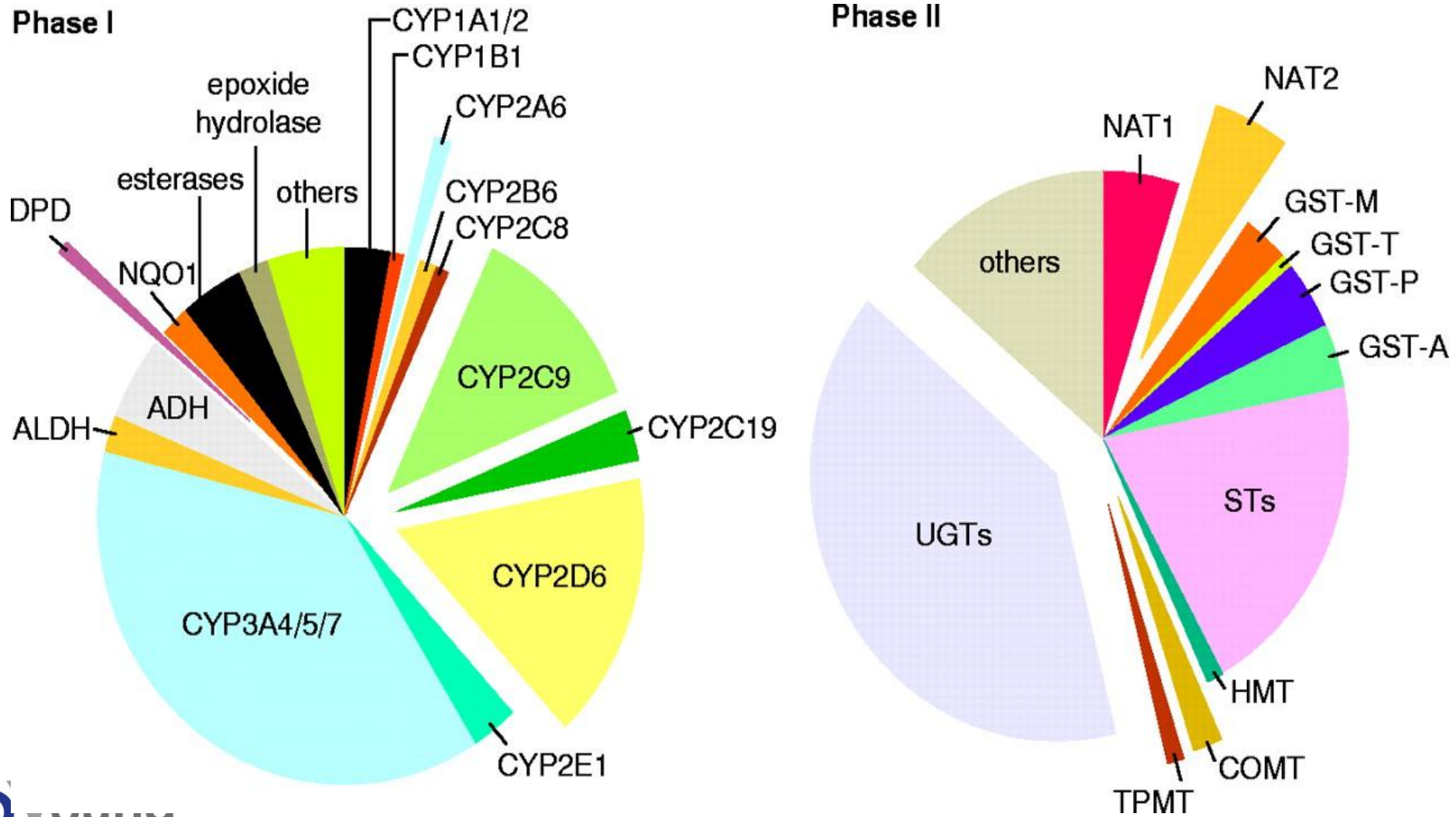


TABLE 2 Personalized drug selection suggestions based on pharmacogenomic data.

	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13	#14	#15	#16	#17	#18	#19	#20	#21
Brivaracetam			50%	50%		50%					50%				50%		*		50%		50%
Cannabidiol		*	50%	50%		50%	*	*	*		50%				50%		*		*	*	50%
Cenobamate																					
Carbamazepine					*	*					*			*						*	*
Clobazam		*	50%	50%		50%	*	*	*		50%				50%		*		*	*	50%
Clonazepam		*					*	*	*										*	*	
Eslicarbazepine		*					*	*	*										*	*	
Ethosuximide																					
Everolimus		*					*	*	*										*	*	
Felbamate		*					*	*	*										*	*	
Gabapentin																					
Lacosamide	50%	50%	50%	50%		50%					50%	50%		50%	50%	50%	*		*	50%	50%
Lamotrigine		*					*	*	*										*	*	*
Levetiracetam		*					*	*	*										*	*	*
Oxcarbazepine		*					*	*	*										*	*	*
Perampanel																					
Phenobarbital	50%	*		50%			*	*	*		50%	50%		50%	50%	50%			*	*	50%
Phenytoin	50%	*	50%	50%		50%	*	*	*		50%	50%		50%	50%	50%	*		*	*	50%
Pregabalin																					
Primidone	50%	*		50%			*	*	*		50%	50%		50%	50%	50%			*	*	
Rufinamide																					
Stiripentol		*	50%	50%		50%	*	*	*		50%		*	*	50%		*		*	*	*
Tiagabine		*					*	*	*										*	*	*
Topiramate		*					*	*	*										*	*	*
Valproic acid	50%	50%		50%					50%		50%	50%		50%	50%	50%				50%	
Vigabatrin																					
Zonisamine																					

Note: Orange = need of monitoring due to: *Reduced chance of optimal response, [†]Increased risk of adverse events; green = optimal safety and efficacy profile.

TABLE 1 CYP1A2, CYP2C9, CYP2C19, EPHX1, and ABCB1 genotypes, phenotypes, and frequencies.

Gene	Genotype	Phenotype	Frequency
CYP1A2	*1/*1F	EM	15/21 (71.4%)
	*1F/*1F	FM	6/21 (28.6%)
CYP2C9	*1/*1	EM	11/21 (52.4%)
	*1/*2	IM	5/21 (23.8%)
	*1/*3		4/21 (19%)
	*2/*3	PM	1/21 (4.8%)
CYP2C19	*1/*1	EM	10/21 (47.6%)
	*1/*17		3/21 (14.3%)
	*1/*17	FM	1/21 (4.8%)
	*1/*2	IM	6/21 (28.5%)
	*2/*2	PM	1/21 (4.8%)
EPHX1	337T>C (CC)	↓ efficacy CBZ	6/21 (28.5%)
ABCB1	3489+80C>T (CC)	Drug-resistant	6/21 (28.5%)
	3489+80C>T (CT or TT)	Drug-sensitive	7/21 (33.3%)

Abbreviations: EM, extensive metabolizer (standard); FM, fast metabolizer; IM, intermediate metabolizer; PM, poor metabolizer.

Colour shade indicate to distinguish the different aplotypes and their effect on cytochromes.



Thank you!

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